



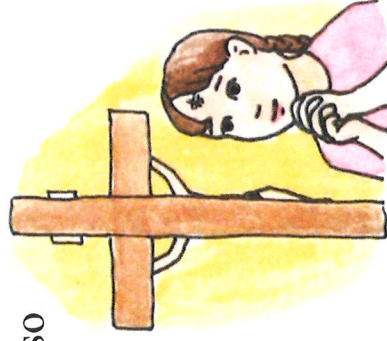
Ash Wednesday

 This coming Wednesday is Ash Wednesday, which is the first day of Lent. Lent is a special time in which we prepare to celebrate Jesus' death and resurrection on Good Friday and Easter Sunday.



Lent is a time of repentance. We make sacrifices and try to improve our lives to become more like Jesus. Jesus never sinned but He gave up His life to pay for our sins. That is why we make sacrifices—out of love for God and to make up for our sins. We offer our sacrifices to God the Father, just as Jesus on the cross offered up His life to God the Father.

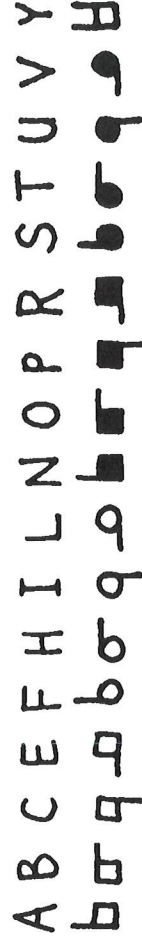
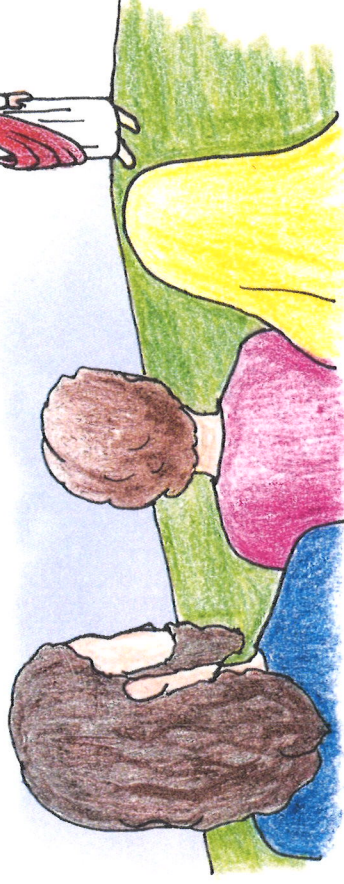
On Ash Wednesday if you go to Mass you can receive ashes on your forehead. The ashes are a sign of repentance. They remind us that without God we are nothing and that someday we will die and be buried. But they can also remind us that if we do have God living in us, after we die we will rise from the dead, just as Jesus did on Easter, after He died on the cross.



Answer to puzzle on front: Be perfect as your Heavenly Father is perfect.
Answers to True or False: 1. false 2. true 3. true 4. false 5. false 6. true 7. true

The Kids' Bulletin

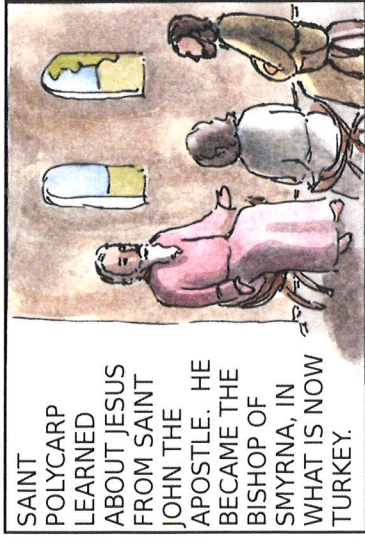
**7th Sunday in Ordinary Time
February 19th, 2023**



*What did Jesus tell the people
in today's Gospel reading?
I use the code to find out!*

Saint Polycarp

February 23



SAINT POLYCARP LEARNED ABOUT JESUS FROM SAINT JOHN THE APOSTLE. HE BECAME THE BISHOP OF SMYRNA, IN WHAT IS NOW TURKEY.



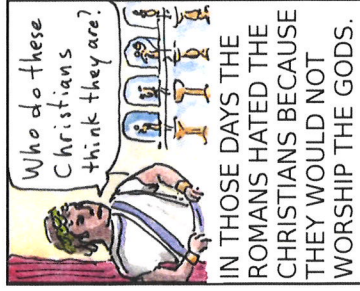
POLYCARP FOUGHT AGAINST HERESIES THAT CONFUSED PEOPLE ABOUT GOD, BUT WAS KIND TO EVERYONE.



POLYCARP CELEBRATED EASTER ON A DIFFERENT DAY THAN THE POPE, BUT THEY DID NOT ARGUE ABOUT IT.



The celebration is more important than the day.



Who do these Christians think they are?

IN THOSE DAYS THE ROMANS HATED THE CHRISTIANS BECAUSE THEY WOULD NOT WORSHIP THE GODS.



AT FIRST THEY FELT SORRY FOR HIM BECAUSE HE WAS SO OLD. THEY TRIED TO CONVINCE HIM TO GIVE UP THE FAITH.



Don't you see it is useless to resist?

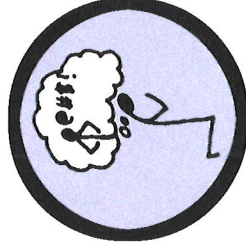


HE WOULDN'T REJECT THE FAITH, SO THEY TRIED TO BURN HIM, BUT THE FIRE ONLY WENT AROUND HIM AND DIDN'T HURT HIM! FINALLY THEY STABBED HIM.

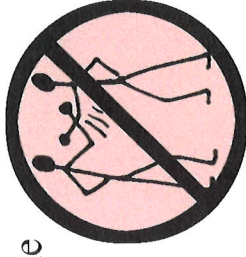
SAINT POLYCARP HELD ONTO HIS FAITH EVEN WHEN HE WAS VERY OLD. HE WOULDN'T EVEN GIVE UP ON JESUS WHEN HE WAS FACED WITH TORTURE. MOST OF US WON'T HAVE TO CHOOSE BETWEEN KEEPING OUR FAITH AND GETTING KILLED, BUT WE STILL HAVE TO BE BRAVE TO STAY TRUE TO JESUS IN THE WORLD.

True or False: What did Jesus say?

How does Jesus tell us we should act toward others?
Which of these are true and which are false?

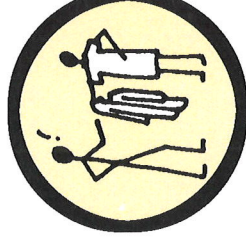


1. When someone hits you on one cheek, you should hit them back.
True or False?

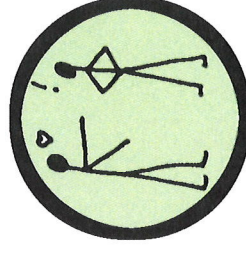


2. If someone tries to take your coat, you should give them your tunic as well.
True or False?

3. If someone makes you walk a mile with them, you should walk two miles.
True or False?



4. If someone asks for something, you shouldn't lend it to them, since they might not give it back.
True or False?



5. You should love your friends and hate your enemies. True or False?

6. You should love your enemies and do good to the people who hate you.
True or False?



7. You should be perfect as our Heavenly Father is perfect.

Jesus said to his disciples:

"You have heard that it was said,
An eye for an eye and a tooth for a tooth.

But I say to you, offer no resistance to one who is evil.
When someone strikes you on your right cheek,
turn the other one as well.

If anyone wants your tunic, hand over your cloak as well.

Should anyone make you walk one mile with them,
offer to go for two miles.

Give to the one who asks of you,
and don't refuse anyone who wants to borrow from you.

"You have heard that it was said,
You shall love your neighbour and hate your enemy.

But I say to you, love your enemies
and pray for those who make life difficult for you,
that you may be children of your heavenly Father,
for he makes his sun rise on bad as well as good people,
and causes the rain to fall on the just and the unjust.

For if you love those who love you, what advantage is that to you
with God? Don't bad people do the same to those they love?

And if you only greet your family and friends,
what is unusual about that?
Don't those who do not believe in God do the same?

So be perfect, just as your heavenly Father is perfect."



Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

Sunday Gospel Activities

Seventh Sunday in Ordinary Time | Matthew 5:38-48



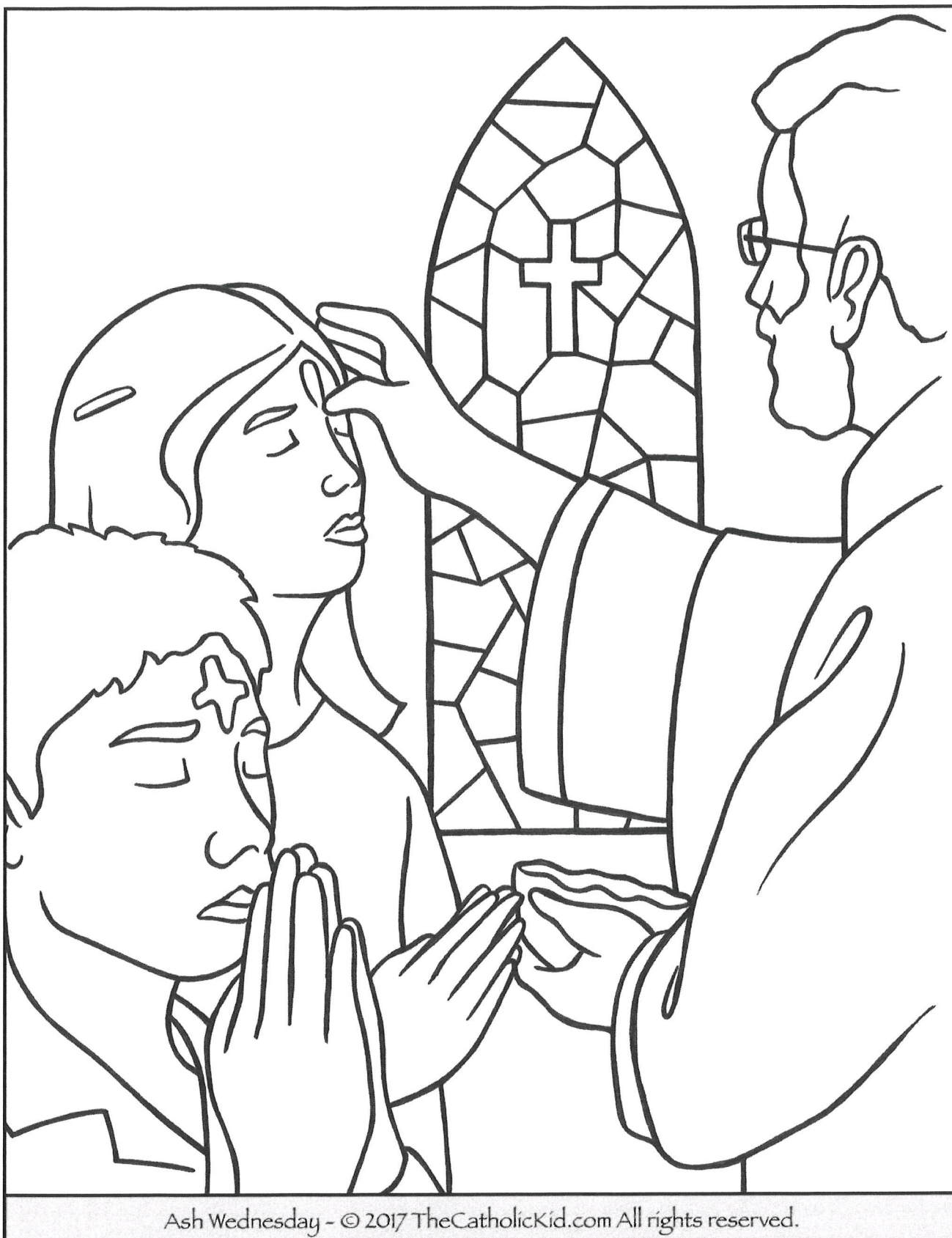
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THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.



Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

Sunday Gospel Activities



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THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.

Sunday Gospel Activities

Name: _____

Sunday, February 19, 2023

Worksheet for ages 7 to 10 years old

1. Today is the _____ Sunday of _____.
2. From which book of the Bible is today's first reading?
Habakkuk Leviticus Hosea Proverbs
3. What Psalm was read/sung today? _____
4. What two words describe God in it?
 - a. good and happy
 - b. understanding and loving
 - c. kind and merciful
5. From which book of the Bible is today's second reading?
James Acts 1 Corinthians Philippians Numbers
6. Who wrote today's Gospel?
Luke Mark John Matthew
7. In today's Gospel, Jesus reminds us to:
 - a. hurt others when they hurt us
 - b. love others even if they do not love us
 - c. be like the pagans
8. Use the words below to fill in the blanks:
Lent Easter Forty Ash

This Wednesday is _____ Wednesday. It is the beginning of _____. It is _____ days long, and during this time, we prepare for _____, Jesus' Resurrection.

Sunday Gospel Activities

Name: _____

Sunday, February 19, 2023

Worksheet for ages 11 to 14 years old

1. What day is today in the Church calendar?
2. From which book of the Bible is today's first reading?
3. What two traits or characteristics does the Psalm tell us God has?
4. From which book is today's second reading taken?
5. Who wrote today's Gospel?
6. How does Jesus want us to treat our enemies?
7. What liturgical season begins this Wednesday, Feb 22? How long is it? What are we preparing for during this time?

Sunday Gospel Activities

Answer Key

Today is 6th Sunday in Ordinary Time; color is green

Readings

Book

Answer to Question

First Reading	Leviticus	
Psalm	103	Kind and Merciful
Second Reading	1 Corinthians	
Gospel	Matthew	Love your enemies, otherwise, we are the same as pagans

This Wednesday is Ash Wednesday. It is the beginning of Lent. It is forty days long, and during this time, we prepare for Easter, Jesus' Resurrection.



Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

Sunday Gospel Activities

7th Sunday in Ordinary Time, Feb 19, 2023

Name _____

X R N Q E T W F E Z B W Y Z H
V C B E B V E Q P N E P N M D
F X R T I Q O E N K E B G I U
P S J N Z G S L R N E M X L M
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K S F E E A B R O T H E R W S
Z F G R H T O O T R R G O W I
B V A F P Q O N U O B R E W Z
I K A E J I E K L L R M V M C
W S O C E Y L J E O C L O A K
A O Z T E Z I Q B E F B D C R
J Z M P B O M T Q D H N V J N
O F P P D K C A W F E C T K C
U K V R L C J R V B O N M S R

Love

Mile

Hate

Brother

Enemies

Perfect

Eye

Tooth

Cheek

Turn

Borrow

Cloak

Neighbor

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